

High School Breakfast September 2016

Monday	Tuesday	Wednesday	Thursday	Friday
			1 French Toast Sticks Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Smoothie Variety Strawberry Yogurt Sausage Mandarin Oranges	2 French Toast Sticks Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Smoothie Variety Strawberry Yogurt Scrambled Eggs Grapes
5	6 French Toast Sticks Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Smoothie Variety Strawberry Yogurt Sausage Pears	7 French Toast Sticks Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Smoothie Variety Strawberry Yogurt Scrambled Eggs Rosy Applesauce	8 French Toast Sticks Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Smoothie Variety Strawberry Yogurt Sausage Mandarin Oranges	9 French Toast Sticks Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Smoothie Variety Strawberry Yogurt Scrambled Eggs Grapes
12 French Toast Sticks Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Smoothie Variety Strawberry Yogurt Scrambled Eggs Peaches	13 French Toast Sticks Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Smoothie Variety Strawberry Yogurt Sausage Pears	14 French Toast Sticks Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Smoothie Variety Strawberry Yogurt Scrambled Eggs Rosy Applesauce	15 French Toast Sticks Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Smoothie Variety Strawberry Yogurt Sausage Mandarin Oranges	16 French Toast Sticks Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Smoothie Variety Strawberry Yogurt Scrambled Eggs Grapes
19 French Toast Sticks Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Smoothie Variety Strawberry Yogurt Scrambled Eggs Peaches	20 French Toast Sticks Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Smoothie Variety Strawberry Yogurt Sausage Pears	21 French Toast Sticks Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Smoothie Variety Strawberry Yogurt Scrambled Eggs Rosy Applesauce	22 French Toast Sticks Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Smoothie Variety Strawberry Yogurt Sausage Mandarin Oranges	23 French Toast Sticks Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Smoothie Variety Strawberry Yogurt Scrambled Eggs Grapes
26 French Toast Sticks Cinnamon Glazed Pancakes	27 French Toast Sticks Cinnamon Glazed Pancakes	28 French Toast Sticks Cinnamon Glazed Pancakes Pancake 'n Sausage	29 French Toast Sticks Cinnamon Glazed Pancakes	30 French Toast Sticks Cinnamon Glazed Pancakes

Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Smoothie Variety Strawberry Yogurt Scrambled Eggs Peaches	Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Smoothie Variety Strawberry Yogurt Sausage Pears	Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Smoothie Variety Strawberry Yogurt Scrambled Eggs Rosy Applesauce	Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Smoothie Variety Strawberry Yogurt Sausage Mandarin Oranges	Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Smoothie Variety Strawberry Yogurt Scrambled Eggs Grapes
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Menus are subject to change.
 Fresh Fruit, 100% juice and milk variety offered daily.
 This institution is an equal opportunity provider.

Lunch High School September 2016

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Country Fried Steak Whipped Potatoes Roll, Baked Fresh Daily BBQ Pork Sandwich French Fries Baby Carrots Corn Pears	2 Cheese Pizza Cheese Burger Bacon Pizz Mandarin Orange Chicken Steamed Rice Roll, Baked Fresh Daily Pineapple Baby Carrots Broccoli Normandy, Fresh Choc Choc Chip Cookie
5	6 Meatball Sub Sandwich French Fries Chicken Tacos Roll, Baked Fresh Daily Black Beans Pears Broccoli Normandy, Fresh	7 Cheese Pizza Hawaiian Pizza Popcorn Chicken Potato Wedges Roll, Baked Fresh Daily Baby Carrots Baked Beans Peaches Green Beans	8 Menu #43 Hawaiian Haystacks Green Peppers Steamed Rice Roll, Baked Fresh Daily Rib-B-Q Sandwich Potato Wedges Peas Pineapple	9 Cheese Pizza Pepperoni Pizza Steak N Things French Fries Fresh Fruit Salad Corn Chocolate Pudding Vanilla Pudding
12 Chicken Alfredo Pasta Roll, Baked Fresh Daily Ham & Cheese Sub Potato Wedges Celery Sticks Baby Carrots	13 Cheese Pizza Hawaiian Pizza Chicken Nuggets French Fries Roll, Baked Fresh Daily Peaches Baby Carrots Cucumber Slices	14 Cheese Burger French Fries Crisp Taco Roll, Baked Fresh Daily Pears Corn Refried Beans	15 Cheese Pizza Pepperoni Pizza Teriyaki Rice Bowl Steamed Rice Roll, Baked Fresh Daily Pineapple Broccoli Normandy, Fresh Jell-O	16 Country Fried Steak Roll, Baked Fresh Daily Hot Dog Wrap Parsley Potatoes Baby Carrots Fresh Fruit Salad Green Beans
19 Cheese Pizza Pepperoni Pizza Sweet & Sour Chicken Steamed Rice Roll, Baked Fresh Daily Baby Carrots Celery Sticks Pineapple Broccoli Normandy, Fresh Kiwi-Straw SideKick's	20 Deli Turkey Sandwich Chicken Tenders Roll, Baked Fresh Daily Baby Carrots Potato Wedges Baked Beans Mandarin Oranges	21 Chicken Sandwich Potato Wedges Meaty Nachos Pears Peas Refried Beans	22 Spaghetti Breadsticks BBQ Pork Sandwich Potato Wedges Carrot Sticks Green Beans Peaches	23 Cheese Pizza Cheese Burger Bacon Pizz Malibu Chicken Sandwich Potato Wedges Rosy Applesauce Carrots
26 Meatball Sub Sandwich French Fries Chicken Tacos Roll, Baked Fresh Daily Black Beans Pears Corn	27 Cheese Pizza Pepperoni Pizza Sweet & Sour Chicken Steamed Rice Roll, Baked Fresh Daily Baby Carrots Celery Sticks Pineapple Broccoli Normandy, Fresh Creamie Variety	28 Chicken Parmesan Roll, Baked Fresh Daily Hot Dog Wrap Potato Wedges Pears Broccoli	29 Cheese Pizza Hawaiian Pizza Chicken Fajita Roll, Baked Fresh Daily Rice Black Beans Peaches Celery Sticks Carrots	30 BBQ Roast Beef Sliders Chicken Tenders Roll, Baked Fresh Daily Strawberry Parfait Blue Berry Parfait Fruit Parfait Baby Carrots Mandarin Oranges Parsley Potatoes Peas

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Fresh Fruit, 100% juice, Garden Salad, and milk variety offered daily.
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